

Tabella Tempi e Distanze

DISTANZE			TEMPI			MEDIE		1° CONC	NOTE
PARZ	SET	TOT	PC	SET	TOT	PC	SET		
0,00	0,00	0,00		00:00:00	00:00:00			09:00:00	
0,03	0,03	0,03						09:00:00	
1,12	1,15	1,15	00:02:15		00:02:15	29,87		09:02:15	PLAN. 1
0,09	1,24	1,24	00:00:12		00:02:27	27,00		09:02:27	PLAN. 1
0,23	1,47	1,47	00:00:27		00:02:54	30,67		09:02:54	PLAN. 1
3,82	5,29	5,29	00:07:20		00:10:14	31,25		09:10:14	PLAN. 2
0,13	5,42	5,42	00:00:17		00:10:31	27,53		09:10:31	PLAN. 2
0,07	5,49	5,49	00:00:09		00:10:40	28,00		09:10:40	PLAN. 2
0,56	6,05	6,05	00:01:04		00:11:44	31,50		09:11:44	PLAN. 3
0,05	6,10	6,10	00:00:07		00:11:51	25,71		09:11:51	PLAN. 3
0,09	6,19	6,19	00:00:13		00:12:04	24,92		09:12:04	PLAN. 3
10,77	16,96	16,96	00:18:58		00:31:02	34,07		09:31:02	PLAN. 4
0,11	17,07	17,07	00:00:17		00:31:19	23,29		09:31:19	PLAN. 4
3,83	20,90	20,90	00:06:34		00:37:53	34,99		09:37:53	
1,01	21,91	21,91	00:01:51		00:39:44	32,76		09:39:44	
0,80	22,71	22,71	00:01:35		00:41:19	30,32		09:41:19	
0,66	23,37	23,37	00:01:21		00:42:40	29,33		09:42:40	PLAN. 5
0,06	23,43	23,43	00:00:09		00:42:49	24,00		09:42:49	PLAN. 5
5,09	28,52	28,52	00:10:25		00:53:14	29,32		09:53:14	
0,93	29,45	29,45	00:02:01		00:55:15	27,67		09:55:15	
1,18	30,63	30,63	00:02:19		00:57:34	30,56		09:57:34	
4,18	34,81	34,81	00:08:01		01:05:35	31,28		10:05:35	PLAN. 6
0,27	35,08	35,08	00:00:39		01:06:14	24,92		10:06:14	PLAN. 6
0,06	35,14	35,14	00:00:08		01:06:22	27,00		10:06:22	PLAN. 6
0,14	35,28	35,28	00:00:18		01:06:40	28,00		10:06:40	PLAN. 6
5,32	40,60	40,60	00:10:11		01:16:51	31,35		10:16:51	PLAN. 7
0,13	40,73	40,73	00:00:15		01:17:06	31,20		10:17:06	PLAN. 7
0,28	41,01	41,01	00:00:31		01:17:37	32,52		10:17:37	PLAN. 7
0,19	41,20	41,20	00:00:19		01:17:56	36,00		10:17:56	PLAN. 7
5,16	46,36	46,36	00:09:11		01:27:07	33,71		10:27:07	
	51,23	51,23							
10,32	56,68	56,68		02:20:00	02:20:00		24,29	11:20:00	•

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DISTANZE			TEMPI			MEDIE		1° CONC	NOTE
PARZ	SET	TOT	PC	SET	TOT	PC	SET		
0,00	0,00			00:00:00				11:20:00	
0,03	0,03	56,71						11:20:00	
8,23	8,26	64,94	00:13:59		02:33:59	35,31		11:33:59	PLAN. 8
0,09	8,35	65,03	00:00:12		02:34:11	27,00		11:34:11	PLAN. 8
0,05	8,40	65,08	00:00:07		02:34:18	25,71		11:34:18	PLAN. 8
0,56	8,96	65,64	00:01:09		02:35:27	29,22		11:35:27	PLAN. 9
0,07	9,03	65,71	00:00:09		02:35:36	28,00		11:35:36	PLAN. 9
0,13	9,16	65,84	00:00:17		02:35:53	27,53		11:35:53	PLAN. 9
3,83	12,99	69,67	00:07:27		02:43:20	30,85		11:43:20	PLAN. 10
0,23	13,22	69,90	00:00:30		02:43:50	27,60		11:43:50	PLAN. 10
0,09	13,31	69,99	00:00:12		02:44:02	27,00		11:44:02	PLAN. 10
3,82	17,13	73,81	00:07:37		02:51:39	30,09		11:51:39	PLAN. 11
0,06	17,19	73,87	00:00:08		02:51:47	27,00		11:51:47	PLAN. 11
0,57	17,76	74,44	00:01:09		02:52:56	29,74		11:52:56	
0,96	18,72	75,40	00:01:55		02:54:51	30,05		11:54:51	
1,13	19,85	76,53	00:01:50		02:56:41	36,98		11:56:41	
5,45	25,30	81,98	00:08:36		03:05:17	38,02		12:05:17	
6,73	32,03	88,71	00:12:53		03:18:10	31,34		12:18:10	
1,17	33,20	89,88	00:02:27		03:20:37	28,65		12:20:37	
0,93	34,13	90,81	00:02:01		03:22:38	27,67		12:22:38	
4,27	38,40	95,08	00:08:35		03:31:13	29,85		12:31:13	PLAN. 12
0,22	38,62	95,30	00:00:37		03:31:50	21,41		12:31:50	PLAN. 12
0,06	38,68	95,36	00:00:08		03:31:58	27,00		12:31:58	PLAN. 12
0,14	38,82	95,50	00:00:18		03:32:16	28,00		12:32:16	PLAN. 12
4,44	43,26	99,94	00:09:33		03:41:49	27,90		12:41:49	
2,20	45,46	102,14	00:03:59		03:45:48	33,14		12:45:48	
1,90	47,36	104,04	00:03:33		03:49:21	32,11		12:49:21	PLAN. 13
0,08	47,44	104,12	00:00:11		03:49:32	26,18		12:49:32	PLAN. 13
	52,73	110,25							
12,35	59,79	116,39		03:25:00	05:45:00		17,50	14:45:00	••

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DISTANZE			TEMPI			MEDIE		1° CONC	NOTE
PARZ	SET	TOT	PC	SET	TOT	PC	SET		
0,00	0,00			00:00:00				14:45:00	
0,03	0,03	116,42						14:45:00	
7,93	7,96	124,35	00:12:59		05:57:59	36,65		14:57:59	PLAN. 14
0,08	8,04	124,43	00:00:12		05:58:11	24,00		14:58:11	PLAN. 14
1,71	9,75	126,14	00:03:21		06:01:32	30,63		15:01:32	
2,40	12,15	128,54	00:04:35		06:06:07	31,42		15:06:07	
4,30	16,45	132,84	00:08:11		06:14:18	31,53		15:14:18	PLAN. 15
0,06	16,51	132,90	00:00:09		06:14:27	24,00		15:14:27	PLAN. 15
0,12	16,63	133,02	00:00:16		06:14:43	27,00		15:14:43	PLAN. 15
0,26	16,89	133,28	00:00:30		06:15:13	31,20		15:15:13	PLAN. 15
3,52	20,41	136,80	00:06:09		06:21:22	34,34		15:21:22	
1,43	21,84	138,23	00:03:03		06:24:25	28,13		15:24:25	
2,63	24,47	140,86	00:05:21		06:29:46	29,50		15:29:46	
0,55	25,02	141,41	00:01:36		06:31:22	20,63		15:31:22	
1,50	26,52	142,91	00:02:59		06:34:21	30,17		15:34:21	
6,69	33,21	149,60	00:11:08		06:45:29	36,05		15:45:29	
6,31	39,52	155,91	00:09:34		06:55:03	39,57		15:55:03	
2,11	41,63	158,02	00:04:09		06:59:12	30,51		15:59:12	
0,50	42,13	158,52	00:01:01		07:00:13	29,51		16:00:13	
0,35	42,48	158,87	00:00:39		07:00:52	32,31		16:00:52	PLAN. 16
0,06	42,54	158,93	00:00:08		07:01:00	27,00		16:01:00	PLAN. 16
4,49	47,03	163,42		01:30:00	07:15:00		31,35	16:15:00	